

# My Aged Care

My Aged Care is provided by the Australian Government and helps people to access the right aged care services for their needs.

To be eligible, a person must be:

65 years or older (50 years or older for Aboriginal or Torres Strait Islander people)

**\*\*There are fees associated with at home, short-term and residential care\*\***

Learn about different care options below

## • Support at home

### CHSP: Commonwealth Home Support Programme

Commonwealth Home Support Programme for entry-level or lower care needs.

### HCP: Home Care Packages

Home Care Packages for higher level or complex care needs. There are four levels of HCP with different funding amounts. For information about fees seek advice from My Aged Care.

## • Care in an aged care home

### Short-term care

There are three types of care.

1. **Respite care** - short term breaks for participants and carers.
2. **Restorative care** - help to reverse or slow difficulties with everyday tasks.
3. **Transition care** - for recovery after a hospital stay.

### Residential care

For people who can no longer live at home and need ongoing help with everyday tasks or health care.

# My Aged Care

## Roles and responsibilities

### Federal Government

#### Fund My Aged Care

##### Home support services can include:

- Commonwealth Home Support Programme (CHSP)
- Home Care Packages Program (HCP)
- Allied health and therapies
- Domestic assistance: Personal care, cleaning and shopping
- Social support
- Home maintenance
- Meals and other food services
- Transport
- Respite

##### Aged care home services includes:

- Residential Aged Care Accommodation
- Meals, laundry and social activities
- Personal care, clinical and nursing care - according to your needs
- Respite

### Local Government

#### Cardinia Shire Council

Proud to be an Age Friendly City, recognised by the World Health Organisation

##### Supports residents to age well by:

- Supporting older residents to be healthy, active, stay socially connected and participate fully in the community
- Supporting our senior citizens groups
- Hosting the Cardinia Seniors Network with representation from a wide range of community groups and organisations
- Promoting and sharing helpful information, resources and opportunities

# Home and Community Care Program for Younger People (HACC - PYP)

This program provides basic support and home maintenance services to help people with disability to remain living at home as independently as possible

## To be eligible, you must be:

- Under 65 years old and have a disability or care for someone with a disability, or
- Aboriginal and Torres Strait Islander and under 50 years old and have a disability or care for someone with a disability, and
- At risk of losing your independence without support and not accessing similar supports through other programs.

## Services available:

- In-home services such as personal care, domestic assistance, and property maintenance.
- Community services including transport, activity groups, food services and respite.

## More information:

### Local support for Cardinia shire

Enquire or apply for HACC PYP:  
**Mecwacare South East Region Service intake team**

**Phone number:** 03 8573 4980

**Email:** [intake@mecwacare.org.au](mailto:intake@mecwacare.org.au)

### Department of Health

HACC PYP is funded and managed by the Victorian Department of Health.

**Email:** [HACC-PYP@health.vic.gov.au](mailto:HACC-PYP@health.vic.gov.au)

**Web:** <https://www.health.vic.gov.au/home-and-community-care/hacc-program-for-younger-people>

# Contact list

<b>My Aged Care</b>	Helps older people find and access the right government funded aged care services for their needs.	<b>My Aged Care</b> Phone number: 1800 200 422 Website: <a href="http://www.myagedcare.gov.au">www.myagedcare.gov.au</a>
<b>Local Council</b>	Delivers a range of services, events and activities to help people age well - to maintain physical and mental health, feel safe and secure, be involved in the community and stay connected with others.	<b>Cardinia Shire Council</b> Phone number: 1300 787 624 Email: <a href="mailto:ageingwell@cardinia.vic.gov.au">ageingwell@cardinia.vic.gov.au</a> Website: <a href="http://www.cardinia.vic.gov.au/seniors">www.cardinia.vic.gov.au/seniors</a>
<b>Local Care finder service</b>	Care finder is a free service providing face-to-face support to help people navigate and access aged care.	<b>Care Connect</b> Phone number: 1800 940 633 Email: <a href="mailto:carefinderenquiries@careconnect.org.au">carefinderenquiries@careconnect.org.au</a>
	A Care finder team member will work with a person to find the services they need, attend appointments and help them through the My Aged Care assessment process.	<b>Monash Health</b> Phone number: 03 9792 7747 Email: <a href="mailto:communitysupportoptions@monashhealth.org">communitysupportoptions@monashhealth.org</a>
	<b>Call one of the organisations listed here and ask to speak to someone in the Care finder team.</b>	<b>Wintringham</b> Phone number: 03 9034 4824 Email: <a href="mailto:adviceandinfo@wintringham.org.au">adviceandinfo@wintringham.org.au</a>