

6 COMMUNITY SUMMIT - PROGRESS REPORT

FILE REFERENCE INT189525

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RECOMMENDATION

That Council notes the Cardinia Community Summit report and progress to date.

Attachments

- | | | |
|---|---|----------|
| 1 | Cardinia Community Summits Report 2017 | 22 Pages |
| 2 | Current projects, ideas and offer cards Community Summit data | 2 Pages |

EXECUTIVE SUMMARY

Over the 28 and 30 of October the inaugural Community Summit was held at the Cardinia Cultural Centre. The aim of this initiative was firstly to identify current community programs and initiatives and align them to Council's policy areas; the second was to encourage community members and groups to collaborate in the creation of new initiatives and further develop existing ones.

Both existing and new projects were aligned to the seven social and health needs priorities as identified in Cardinia's Liveability Plan.

Over two days, 110 community members attended the Summits, representing over 60 local groups and organisations and 21 new community projects were created.

Council's Community Planner has been working with the project leaders to support, develop and implement these new initiatives.

BACKGROUND

In response to a Councillor 'aspiration', the concept of the Community Summit was developed with the aim being to strengthen community partnerships and work collaboratively on the social and health needs of our community (as identified through the development of the Liveability Plan 2017-2029 and the social and health data profile that underpinned this document).

The seven priority areas as presented to the community summit participants are:

- Social cohesion
- Mental health and wellbeing
- Safety
- Obesity
- Financial vulnerability
- Family violence
- Harm from tobacco, alcohol, drugs, and gambling

Summit objectives

The objectives for the Summits were:

- To inform community members about the current health and social challenges in Cardinia.
- To encourage community members to design and deliver new community projects/initiatives that address local social and health challenges.

- To support community members and groups in developing new projects including providing information about funding sources.
- To encourage individuals and groups to collaborate on the development of new projects/initiatives.
- To inform community members of existing initiatives they may be interested in supporting.
- To foster productive relationships with local groups and community members who have the capacity resources, knowledge and goodwill to improve social and health outcomes for the municipality.

Target groups

- Existing community and volunteer groups, already delivering or interested in delivering, projects to address social and community challenges.
- Community members interested in volunteer opportunities to address social and community challenges.
- Community members not affiliated with a group but would like the opportunity to be linked with an existing group.

Current community projects

Participants initially identified 59 existing initiatives or programs currently being offered to the community that respond to the Liveability Plan priority areas. This provided a high-level view of program delivery, and identified gaps where programs were not addressing priority areas.

Of the 59 projects identified, 42% focused on social cohesion in the community, which includes promoting the benefits of volunteering, outreach programs to families and encouraging harmony between community members. The second largest project section addressed financial vulnerability (18%) with food vans, harvest initiatives and delivering food parcels as suggested responses. The smallest project sections were obesity and family violence (each with 7%) and harm from tobacco, alcohol, drugs and gambling (3%).

Ideas for new programs

Participants identified new initiatives or programs they would like to deliver based on the social and health priority areas within Cardinia. They also considered existing programs, and how these could further developed by seeking assistance and collaboration from other participants. Over the two sessions, there were 21 new projects or initiatives developed. Around these initiatives, small working groups were formed. A summary of these new projects are below:

OUR IDEAS		
Short Name	About the idea (actions and reasons)	Project Status
<p>Children Safe Project</p> <p><i>How we keep our children safe project.</i></p>	<p>People no longer know how to fit into a community. This project will support the community to educate members how they should/could keep their children safe. Need more connections to CALD community and interfaith network.</p>	<p>Project plan finalised and work on initiative has commenced</p>
<p>New Resident Show Bag</p> <p><i>New resident showbag. Aimed at young families, retirees and immigrants. Volunteer 'buddy system' for new immigrants.</i></p>	<p>Social inclusion, finding out whats available to you in your community, support groups. Include list of hospitals, doctors, shops and clubs. Township committees. Connections with developers/Real Estate Agents/ Landsales office for possible distribution.</p>	<p>Initial project plan still being developed in conversation with working group</p>
<p>Seniors Communication Project</p> <p><i>Expand our reach to communicate with vulnerable senior residents through established home library service, Pakenham and Emerald libraries and mobile libraries bus to rural communities.</i></p>	<p>With changes to Aged Care reforms older residents who are not 'tech savvy' need paper based/personalised information to be provided to meet their communication needs. Gain approval from management. Discussions need to be had around delivery of materials and knowledge. Library to align project to Council's Liveability Plan. Scope the project to align to Age Friendly Strategy's 2017-19 Action Plan.</p>	<p>Project plan finalised and work on initiative has commenced</p>
<p>AOD Support Group for Parents of Users.</p> <p><i>Support group of parents of substance abusive/addicted children. Possibly online.</i></p>	<p>Allow parents to debrief with those that understand. So they don't feel alone. Not linked to DHHS or AOD service. IT Training, support from another organisation with venue, auspice, facilitator support. Setting parameters and boundaries.</p>	<p>Project plan finalised and work on initiative has commenced</p>
<p>Toomuc Creek Community Food Hub</p> <p><i>Establish a community food growing hub (5.7km) at Toomuc Creek/TVR in partnership with Beaconhills College and the community.</i></p>	<p>Makes good social use of the land. Meeting social need i.e. food security. 5% of adults eat enough fruit and veg. Increase in food security. Increase in school engagement. Lease land. Partnerships (committee) with Beaconsfield, Bless Collective, Conservation Volunteers Australia. Funding.</p>	<p>Initial project plan still being developed in conversation with working group</p>
<p>Family Cooking Classes</p> <p><i>Teaching skills in the kitchen to young families, single mums and dads or couples to learn to make healthy, economical meals.</i></p>	<p>It could help with obesity, social cohesion and financial vulnerability. A facility to be able to run these courses.</p>	<p>Initial project plan still being developed in conversation with working group</p>
<p>Cardinia Relay for Life</p> <p><i>To engage the broader CSC communities to get involved in Cardinia Relay for Life including: youth, big business, families, community organisations and members of council.</i></p>	<p>Empowering community members to be involved. Breaking barriers and assisting in connecting to community. Raising awareness. Key contact people in outlying areas (township committees). Media coverage. Information sessions (group or one on one). Education on what event is and expectation.</p>	<p>Initial project plan still being developed in conversation with working group</p>
<p>Coffee Van</p> <p><i>A coffee van staffed by special needs people/teens/mental illness.</i></p>	<p>To provide training for vulnerable people. Give a sense of self-worth and community. Source a van. Barista Training. Council Regs.</p>	<p>Project plan under review</p>

Information pack

At the end of the summit sessions, all participants were provided with an information pack. This information was designed to assist groups to develop their initiatives and included the following:

Community Initiative Planning Guide (INT1760748)

- Social data and demographics
- Volunteering
- Facilities
- Permits
- Risk Assessments
- Insurance

- Council Grants
 - Community wellbeing support grants
 - Festival and events grants
 - Arts and culture grants
 - Community capital works grants
- Local community grants
- Events calendar
- Community bus
- Incorporated associations

Event Planning Guide (INT1754991)

Event General Risk Assessment Template and Instructions (INC1569025).

Council's Health and Wellbeing grants

The Community Wellbeing Support grants fund initiatives that improve resident health and wellbeing, support opportunities for volunteering, or help community groups with minor projects and initiatives.

To be eligible to obtain a Community Wellbeing Support Grant, projects must now address one or more of the identified health and wellbeing priorities as identified in the Liveability Plan and as listed below:

- improve mental health and wellbeing
- improve social cohesion
- improve safety
- reduce obesity
- reduce family violence
- reduce financial vulnerability
- reduce harm from alcohol, tobacco, drugs and gambling.

Evaluation

Participants from the two summits were invited to provide feedback on the facilitation, information provided and their levels of confidence in project development in the future. Just under 80% of participants considered the information provided at the summits was excellent or good. It was apparent that some of the information was surprising and even shocking to some of the participants in terms of the levels of health and social disadvantage. Providing this information was a critical step in the Council's goal of having community groups develop programs that are closely aligned with the needs of the local community. 47% of attendees believed that the Summit was an excellent opportunity to meet new relevant and like-minded community members and service providers with 46% of attendees also feeling that their voice was heard in-group discussions.

Top 5 Summit achievements (to date)

1. The 'Art in the Garden' project is a local event that did not have a venue until its organisers attended the summit. They collaborated with the Koo Wee Rup Community Garden management team, which resulted in The 'Art in the Garden' event now going ahead in April 2018. The local community can now enjoy this event show casing wonderful art by local artists.
2. The Casey Cardinia Library Corporation have identified opportunities to host numerous community projects and events through their venue spaces. This partnership will lead to wider opportunities for local groups and individuals to access bookable spaces for their projects.
3. A number of community groups has identified synergies between their endeavours and have since established strong partnerships (i.e. the merge of the Hills and Cockatoo road safety action groups).

4. Since the summit, there has been a noticeable surge in the general community's passion, enthusiasm and desire to assist people in need. Council are continuing to be contacted by community members and groups with new initiatives they wish to share.
5. Positive Council discussions regarding potential partnership with a not-for-profit organisation to establish a social enterprise cafe within the Shire.

POLICY IMPLICATIONS

This initiative draws on priorities as identified in the:

- Cardinia's Liveability Plan 2017-2029
- Social and Health profile 2017
- Council's Community Wellbeing Grant guidelines have been updated to align to the new Liveability Health Plan and groups addressing the social and health priority areas are eligible for funding

RELEVANCE TO COUNCIL PLAN

Our people - 1.4: improved health and wellbeing for all
Our community - 2.1: our diverse community requirements met
Our community - 2.2: engaged communities
Our community - 2.3: increased levels of community participation
Our community - 2.4: improved health and wellbeing of our residents

CONSULTATION/COMMUNICATION

All community organisations listed on Council's Community Database were invited and communication flyers were posted on Council's website. Small postcards advertising the event were distributed throughout the Shire and regular news items were posted on Council's social media platforms. An article was placed in Connect and regular updates posted on electronic screens.

FINANCIAL AND RESOURCE IMPLICATIONS

A budget of \$8000 was allocated for this project.

CONCLUSION

Partnerships form an important component to strengthening and delivering planning and advocacy endeavours. In particular, developing partnerships with the local community can be seen as pooling resources, ideas, capacity and goodwill. An important investment is crucial to the health and wellbeing of the community and long-term sustainability of change. The Community Summit model serves to provide a strategic approach to collaboratively addressing social and health priorities for the benefit of the wider community.

CARDINIA COMMUNITY SUMMITS REPORT



Saturday 28 October & Monday 30 October 2017



INDEX

PART A – THE SUMMITS

Introduction.....	1
Attendance	1
Summit Outline	1

PART B – WORKSHOP FINDINGS

1. Health and wellbeing priority areas in Cardinia	2
2. Current community led programs in Cardinia	2
3. Ideas for new programs.....	9
4. Offers.....	12
5. Moving the project forward.....	12
6. Evaluation	13
General feedback.....	15
Ideas for improving the summits	15
Additional Ideas and Initiatives	16

PART C – FACILITATOR REFLECTIONS

1. Meeting the objectives	17
2. General reflections	17



PART A - THE SUMMITS

INTRODUCTION

Cardinia Shire Council is aware that it has many community groups and volunteers providing a range of volunteer services to local residents. Council has recently completed a significant amount of research on health and social challenges facing the local community as part of developing its health and well-being plan, known as the Liveability Plan 2017-2029 and wished to share this information with the community and hence convened two community summits.

A major objective for the Summits was to encourage community groups and individuals to develop new programs and align these programs with the 7 key priority health and social needs of the community. Council hopes that new initiatives will have impact in terms of addressing real community needs and are complementary of each other and not competitive.

Two summits were held on Saturday 28 October 1pm - 4pm and Monday 30 October 9.30 am - 12.30 pm at the Cardinia Cultural Centre, 40 Lakeside Boulevard, Pakenham

The objectives for the Summits were:

- To inform community members about the current health and social challenges in Cardinia
- To encourage community members to design and deliver new community projects/initiatives that address local social and health challenges
- To support community members and groups in developing new projects including providing information about funding sources
- To encourage individuals and groups to collaborate on the development of new projects/initiatives
- To inform community members of existing initiatives they may be interested in supporting

ATTENDANCE

Approximately 50 people attended the Saturday Summit and 60 the Monday Summit, a total of 110 community members. Many of these people represented community groups though some were interested individuals.

SUMMIT OUTLINE

The agenda for the half day Community Summits was the same on both days and had the following steps.

1. Introductions
2. Welcome from the Mayor Cr Brett Owen
3. Exhibition of health and wellbeing challenges in Cardinia
4. Identification of programs currently provided by community groups
5. Ideas Generation – for new projects in line with the health and wellbeing challenges
6. Ideas Development – discussing the ideas in more detail
7. Offers – for people to continue to work on the ideas
8. Close

This report sets out the findings of the workshop in Part B and some reflections from the Summit facilitator, Kimbra White in Part C. The report has been prepared by Kimbra White of MosaicLab.



PART B – WORKSHOP FINDINGS

1. HEALTH AND WELLBEING CHALLENGES IN CARDINIA

Council had prepared seven large scale posters of seven health and wellbeing priority areas in Cardinia. These were:

- social cohesion
- mental health and wellbeing
- safety
- obesity
- financial vulnerability
- family violence
- harm from tobacco, alcohol, drugs and gambling

Participants were invited to read the posters and then stand by the poster (the issues) that was of most interest or concern to them. Once people had selected an issue, they held a discussion with other people concerned about what stood out for them in the issue and/or what they found surprising. No information was recorded during this session.

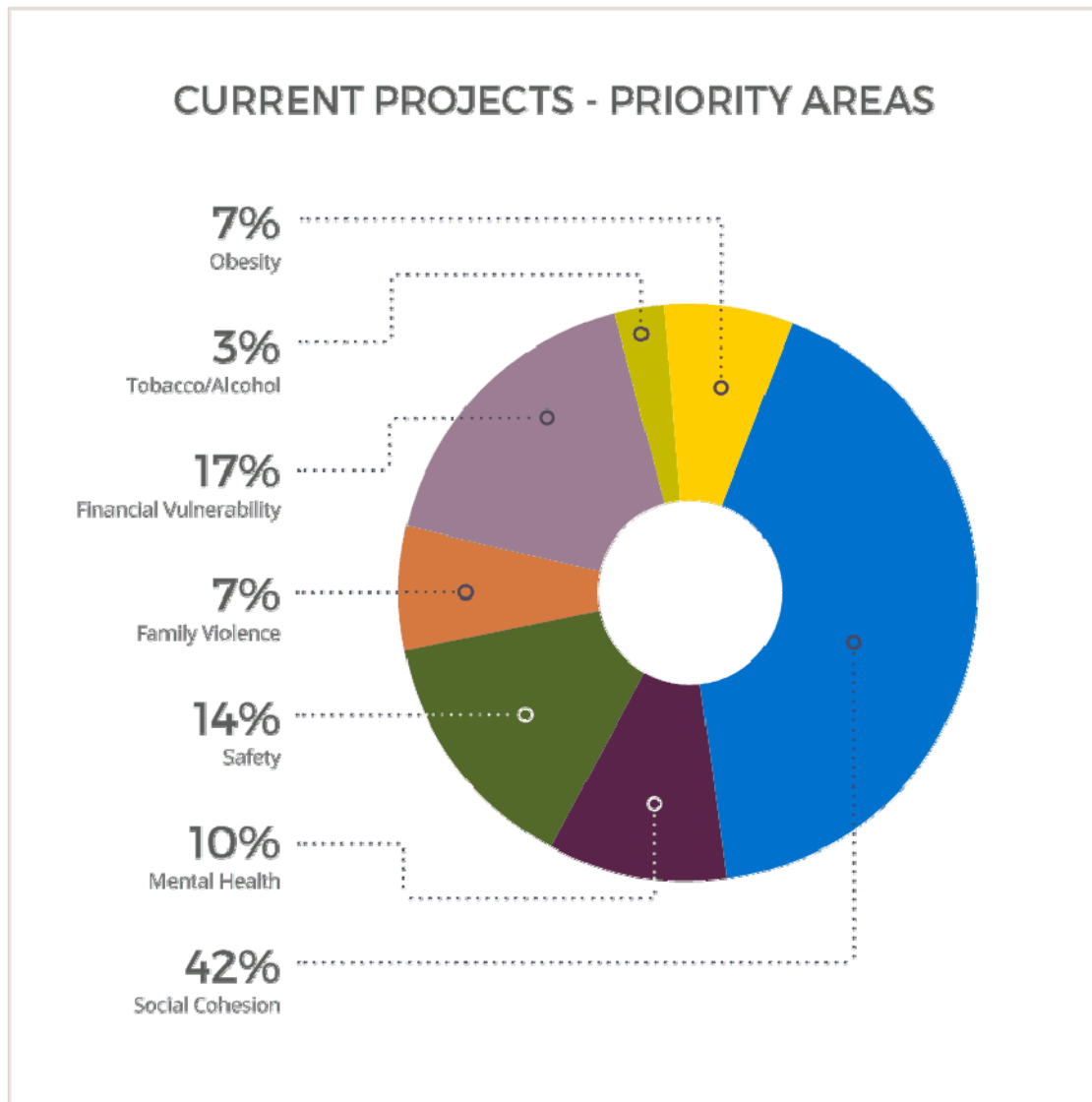
2. CURRENT COMMUNITY LED PROGRAMS IN CARDINIA

Participants at the two Summits identified 59 projects that are currently being undertaken in the community. This provided a high-level view of program delivery, though it is not comprehensive as not all community groups were represented at the summit and for some of those who were represented, they are involved with groups like neighbourhood houses that deliver multiple programs (and not all of these were documented).

Each project focuses on one of the seven identified priority areas in health and social challenges which includes obesity, social cohesion, mental health and wellbeing, safety, financial vulnerability, family violence and harm from tobacco, alcohol, drugs and gambling.

Of the 59 projects, 42% focus on social cohesion in the community which includes promoting the benefits of volunteering, outreach programs to families and encouraging harmony between community members. The second largest project section is addressing financial vulnerability (18%) through the use of food vans, harvest initiatives and delivering food parcels. The full breakdown is on the following page.





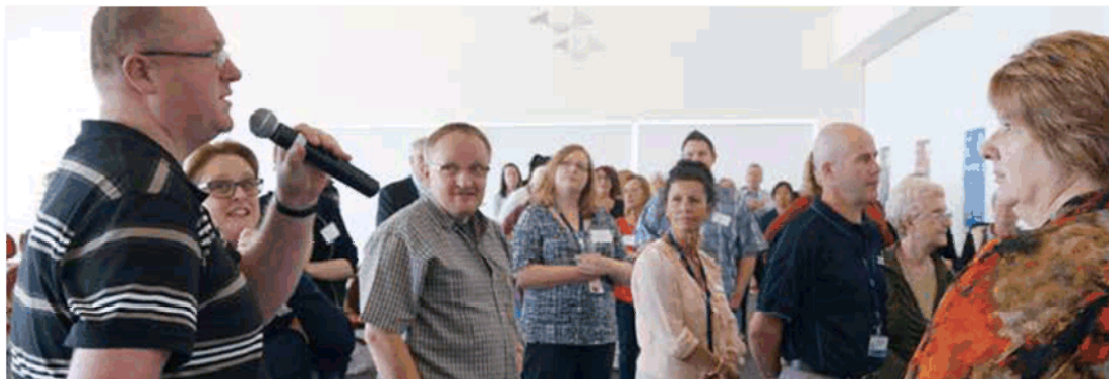
ORGANISATION NAME	OUR PROJECT IS	PRIORITY AREA
South Eastern Contemporary Art Network (SECAN)	Connecting contemporary artists	Social Cohesion
Leadership Program (CLAN)	To promote volunteering and collaboration between community groups.	Social Cohesion
Lakeside Pakenham Scout Group	Through weekly events we encourage youth to develop confidence and appropriate behaviours whilst working with others of various cultures/ religions/financial status	Social Cohesion
Gembrook Community Group Inc.	Improving streetscape of township by bringing residents together to identify opportunities for improvements. Support local initiatives like Carols by Candlelight	Social Cohesion
Country Women's Association Pakenham	Assisting by collection of goods for Cardinia Shire playgroup facilitator to assist vulnerable families to integrate into the community.	Social Cohesion
Bunnurong Mens Shed	Driver to medical appointments (doc, dentist etc.)	Social Cohesion
Lakeside Residents Group	Outreach to families via children's activities like film nights, Easter egg hunt, teddy bear picnic and Halloween party	Social Cohesion
Cardinia Interfaith Network	Taste of Faith (annual event) and tours to places of worship by adults and school students	Social Cohesion
Ash Wednesday Bushfire Education Centre (AWBEC)	Community Information Centre and Memorial with volunteer opportunities	Social Cohesion
CCLC, Pakenham Library and Windermere	Communities for Children - early years outreach to vulnerable families	Social Cohesion
Casey Cardinia Library Corporation	Warming and Cooling, Free Internet, Wi-Fi and safe place for vulnerable families and people.	Social Cohesion
Beaconsfield Neighbourhood Centre	Health and Fitness, arts and crafts, social and children's programs.	Social Cohesion
Living Learning Pakenham, Vic Woman's Coalition for Migrants and Refugees	Women's Friendship Café - Thursdays 9.30am	Social Cohesion
Follow Baptist Church	Starter Packs	Social Cohesion
Anglicare (Communities for Children)	Caring Relationships www.cardiniasafenet.com.au	Social Cohesion
	Cardinia Relay for Life	Social Cohesion
Cardinia Shire in partnership with Outlook, Lang Lang CC and Aligned Leisure	Blokes in the Kitchen (2 groups) and Walking Basketball	Social Cohesion
Follow Baptist Church	Breakfast Club (Tuesday mornings, Year 7 students at Officer Secondary College)	Social Cohesion
Kooweerup Regional Health Service	Art for Adults	Social Cohesion
Art Show Pakenham	Art Show (Last weekend in May)	Social Cohesion
Art Show Pakenham	Art in the Garden - combining art in a garden setting around shire with Kooweerup next (2018)	Social Cohesion
Timbertop Residents Group	Walking Group and Coffee Chat Group	Social Cohesion
Monash Health	Health Champions	Social Cohesion

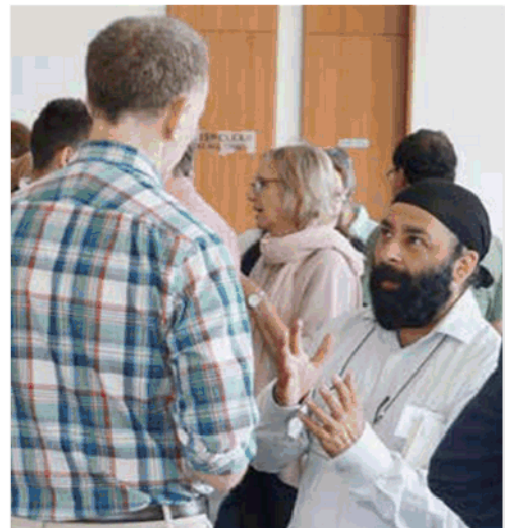


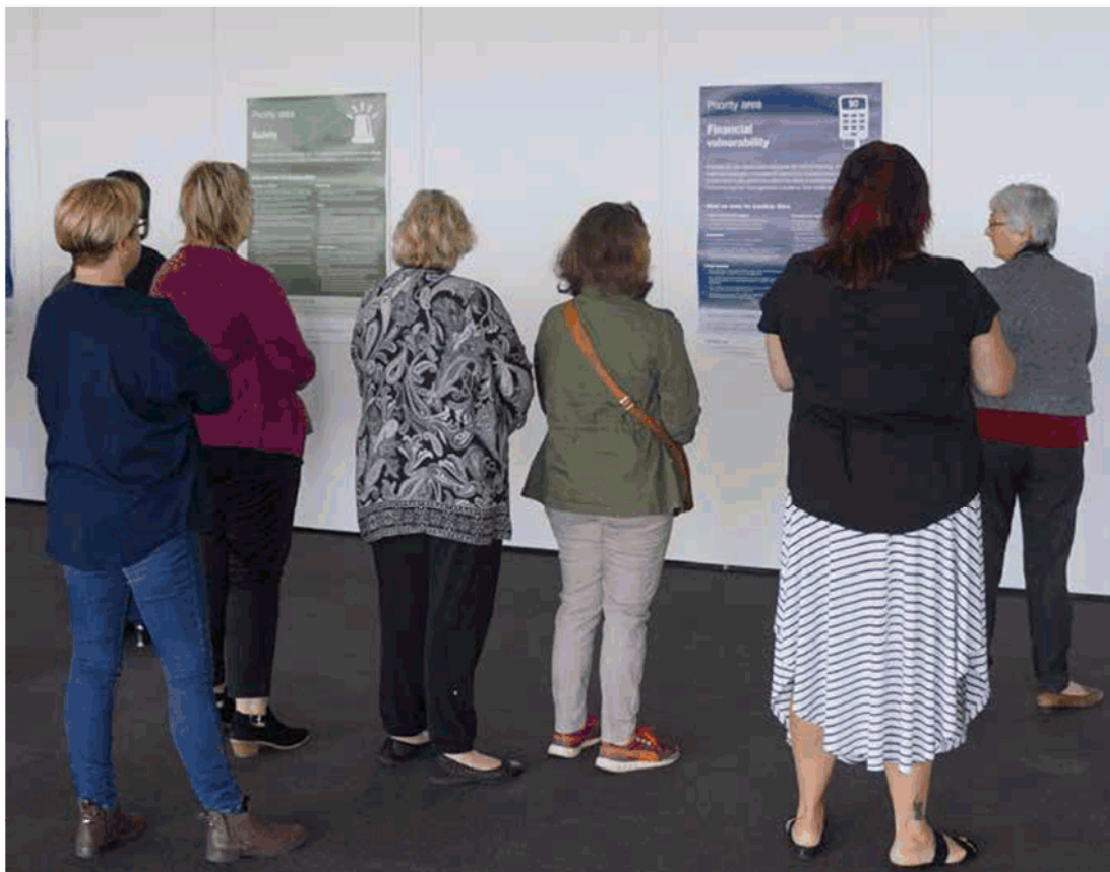
ORGANISATION NAME	OUR PROJECT IS	PRIORITY AREA	
Dream Harmony (ECH)	Yoga class, badminton, basketball and community-dig-in	Mental Health	
Mind Drawing	Using mind drawing to show people we don't all see the same thing therefore need to use our words to find common grouped for good communication.	Mental Health	
Aligned Leisure	Workplace Accreditation Program	Mental Health	
Kooweerup Regional Health Service	The Hub Youth Drop in Centre	Mental Health	
	Cockatoo Sings Community Choir	Mental Health	
Follow Baptist Church	No Limits' mentoring at Officer Secondary College	Mental Health	
Bicycle User Group	Bike use for health, recreation, skill development, longevity, social activities, support and advocacy. About Self-development for community development.	Safety	
Upper Beaconsfield CFA	Free community breakfast (Sunday 19th November 9am-2pm) Planning ahead for bushfire season Informative session.	Safety	
Ash Wednesday Bushfire Education Centre (AWBEC)	Bush Fire Education	Safety	
Cardinia Shire Council	Age friendly strategy action plan. Elder Abuse Initiative with Cardinia Age Friendly Alliance Group (links to 'Together We Can' and 'Seniors Rights Victoria')	Safety	
Neighbourhood Watch	Safe Plate, Safe Home, CPTED Assessment and Coffee with a Cop	Safety	
Follow Baptist Church	Community Care Packs	Safety	
Toomuc Valley Residents Association	Toomuc Alert System (TAS) - an SMS warning system alerting community members about a threat to our valley - mainly about fire (though not necessarily)	Safety	Social Cohesion
Cardinia Interfaith Network	Encouraging harmony and understanding between people of different faiths and promoting social cohesion. School and Adult tours of various places of worship.	Safety	Social Cohesion
Follow Baptist Church/Orange Sky/Clean as Casper	Bless Collective Project Food Van (Tuesdays and Thursdays). Tuesday Pancake and Juice Officer Secondary College	Financial Vulnerability	
Hills Community Harvest	Shared Harvest Program capitalises on backyard surplus to provide access to affordable fresh produce. Produce is donated collected by volunteers and distributed through free food pantries and community dinners	Financial Vulnerability	
Leadership Enviro Clan	Choose Trees Please - use reusable cups	Financial Vulnerability	
Cockatoo Country Market (CCM)	Cockatoo Country Market monthly market and twilight market twice a year	Financial Vulnerability	



ORGANISATION NAME	OUR PROJECT IS	PRIORITY AREA
Cardinia Food Parcel Project (ADRA)	Delivering Food Parcels to families in need	Financial Vulnerability
Good Shepherd Foundation	No Interest Loan Scheme (NILS)	Financial Vulnerability
St Vinnies (regional)	St Vincent De Paul Society (material aid/home visitation) in Cardinia (Iona, Koo Wee Rup and Pakenham)	Financial Vulnerability
Share the Dignity and Girl Guides Victoria	Collecting sanitary items for 'Share the Dignity' collections. (5-16-year-old girls and families contribute)	Financial Vulnerability
Cockatoo Community Energy Inc.	Sustainability in the Hills	Financial Vulnerability
Cardinia Combined Churches Caring (4C's)	Provision of food, counselling, emergency relief, prayer room and crisis housing	Financial Vulnerability
Cardinia Family Violence Network	The Clothesline Project	Family Violence
Aligned Leisure	Supported Access Program	Family Violence
Together We Can' Cardinia Shire Council (Fiona Cost)	Together We Can' project to end family violence in Cardinia Shire steering committee.	Family Violence
Outlook Community Centre	Men's Cooking Group, All together choir, women's support group and white ribbon accreditation	Tobacco/Alcohol
Lakeside Residents Group	Australia Day Event	Tobacco/Alcohol
Cardinia Leadership Team	Empowering healthy lifestyles to reduce obesity rates in the shire.	Obesity
Outlook Community Centre	Walking Groups	Obesity
Monash Health, Outlook and Others	Bicycle User Group (BUG) Mentoring and Neighbourhood Houses	Obesity
Aligned Leisure	Tiger Paw Program	Obesity
Country Women's Association Officer	To hold information sessions on how to make positive changes mentally and physically on all the agenda topics. Small things make big changes.	All







3. IDEAS FOR NEW PROGRAMS

The participants were invited to think about new programs they would like to deliver based on the health and wellbeing priority areas in Cardinia. They were also invited to include existing programs they would like to expand by seeking assistance from other participants. Over the two sessions 21 new projects were identified. Small groups formed around these project ideas and developed the following details.

PROJECT IDEA	ABOUT THE IDEA (ACTIONS AND REASONS)
<p>Children Safe Project <i>How we keep our children safe project</i></p>	<p>People no longer know how to fit into a community. This project will support the community to educate members how they should/could keep their children safe. Need more connections to CALD community and the Interfaith network.</p>
<p>New Resident Show Bag <i>Aimed at young families, retirees and immigrants. Volunteer 'buddy system' for new immigrants.</i></p>	<p>Social inclusion, finding out what's available to you in your community, support groups including a list of hospitals, doctors, shops and clubs. Township committees. Connections with developers/real estate agents/ Land sales office for possible distribution.</p>
<p>Seniors Communication Project <i>Expand our reach to communicate with vulnerable senior residents through established home library service, Pakenham and Emerald libraries and mobile libraries bus to rural communities.</i></p>	<p>With changes to Aged Care reforms older residents who are not 'tech savvy' need paper based/personalised information to meet their communication needs. Gain approval from management. Discussions need to be had around delivery of materials and knowledge. Library to align project to Council's Liveability Plan. Scope the project to align to Age Friendly Strategy's 2017-19 Action Plan.</p>
<p>AOD Support Group for Parents of Users <i>Support group of parents of substance abusive/addicted children. Possibly online.</i></p>	<p>Allow parents to debrief with those that understand. So they don't feel alone. Not linked to DHHS or AOD service. IT training, support from another organisation with venue, auspice, facilitator support. Setting parameters and boundaries.</p>
<p>Toomuc Creek Community Food Hub <i>Establish a community food growing hub (5.7km) at Toomuc Creek/TVR in partnership with Beaconhills College and the community.</i></p>	<p>Makes good social use of the land. Meeting social need i.e. food security. 5% of adults eat enough fruit and veg. Increase in food security. Increase in school engagement. Lease land. Partnerships (committee) with Beaconsfield, Bless Collective, Conservation Volunteers Australia. Funding.</p>
<p>Family Cooking Classes <i>Teaching skills in the kitchen to young families, single mums and dads or couples to learn to make healthy, economical meals.</i></p>	<p>It could help with obesity, social cohesion and financial vulnerability. A facility to be able to run these courses.</p>



PROJECT IDEA	ABOUT THE IDEA (ACTIONS AND REASONS)
<p>Cardinia Relay for Life <i>To engage the broader CSC communities to get involved in Cardinia Relay for Life including: youth, big business, families, community organisations and members of council.</i></p>	<p>Empowering community members to be involved. Breaking barriers and assisting in connecting to community. Raising awareness. Key contact people in outlying areas (township committees). Media coverage. Information sessions (group or one on one). Education on what event is and expectation.</p>
<p>Coffee Van <i>A coffee van staffed by special needs people/teens/mental illness.</i></p>	<p>To provide training for vulnerable people. Give a sense of self-worth and community. Source a van. Barista Training. Council Regulations.</p>
<p>Community Group Network <i>Municipal wide community group network</i></p>	<p>Prevent duplication. Awareness of services. Referral and linking services. Sharing resources. People to organise. Decide who to invite. Council to facilitate set up. Volunteers week activities - joint event.</p>
<p>Sports Program <i>Non-competitive and affordable exercise/recreation/sport for all ages e.g. Cardio Tennis.</i></p>	<p>People are turned off by competitive nature of sport but need/enjoy exercise and social aspect and skills. Obesity is a priority area for all ages. Get sporting clubs on board to offer non-competitive programs. Hours/ access to clubs and commune to play with e.g. cardio tennis.</p>
<p>Cardinia Combined Residents Group Network <i>Cardinia Combined Residents Group Network (including Township Committees) Initially facilitated by Council</i></p>	<p>Survival for all resident groups by sharing ideas, successes and failures, financial management, event and committee management. To encourage joint ventures. Initially a council facilitated forum, Calling together 2 members from all resident groups and township committees (+ potential group).</p>
<p>Community Group Directory <i>Create a database of organisation and groups and what they do so residents have one 'go to' place to find a way to connect with their community. Also to categorise groups appropriately and to make its existence.</i></p>	<p>People don't know where to find information of where to connect and people could help when needed. We have no spontaneous volunteer register to help. It needs to be in a central place so council website is a logical place BUT currently few people go to the council website for information so this data resource needs to be broadly and continually promoted through media and CONNECT, rates notices, community houses, schools, kinders, U3A, Libraries and Cultural Centres. Website kept updated regularly by the community groups too (so they may need extra prompting). Groups to know about the database and how to use it. There needs to be more information about what each group does and benefits for members and/or community. Also how to connect with them. We may need another person on Council to work on this project with Nicole Lucas because this is an issue the community has identified as a priority at the Community Summit.</p>



PROJECT IDEA	ABOUT THE IDEA (ACTIONS AND REASONS)
<p>Hills Road Safety Action Group</p> <p><i>Improve road safety in the hills for both the residents and the increasing number of tourists. Name "Hills Road Safety Action Group"</i></p>	<p>Decrease road accidents/fatalities and significant injury for residents and tourists. Develop project plan. Link to existing road safety groups in the hills. Cockatoo Roads Action Group. Support from Council. Link to Road Safe South East. Link to Emerald and Monbulk SC. Engage with young people who attend. Links with Vic Police and Tourism Vic, Reward good driving practises.</p>
<p>Facility and Event Breathalysers and Information</p> <p><i>To provide breathalysers in all major council owned facilities or public venues where alcohol is sold e.g. CCC, Pakenham Racecourse, Officer Club. To provide information packs to businesses on responsibility to staff when providing alcohol.</i></p>	<p>Because harm from alcohol has been identified as a major problem in the shire and not one project was chosen to address this. An example is the Big Blokes BBQ - unlimited alcohol offered equals social media posts of intoxication. You can be fun and responsible. Support from Council to implement breathalysers to venues they own and advise public of their implementation. Produce packs from LLC (liquor licensing commission) for free.</p>
<p>Nar Nar Goon International Mural Competition</p> <p><i>Run an international mural competition based in Nar Nar Goon at the same time as a sculpture comp in Bunyip.</i></p>	<p>Art is under represented in rural towns. It will excite the community - cohesion. It will bring money into the towns. Increase tourism and community pride. Increase community wellbeing and fight obesity. Get Insurance. Steering committee. Sponsorship and grants. Investigate etc. Shire involvement.</p>
<p>Facility Project</p> <p><i>Shared facility for the community including scouts with broader community requirements accounted for in design.</i></p>	<p>Through scouting and broader community groups we will encourage participation in various activities that will encourage community participation and scouting values. To build their strength, resilience, capacity along with overall respect. Work politically. Develop partnerships with council, state government, community, scouts and schools. Funding. Time. Commitment. Councils cooperation.</p>
<p>Reduce obesity rates</p> <p><i>Creating an innovative, detailed strategy with key actions proven to achieve a reduction in the Shire's obesity rates.</i></p>	<p>The health of our community is critical. We want our children to live longer lives than we do. Key stakeholders passionate about partnering with us. Public Relations experts to continually communicate our messages effectively. Networks of passionate individuals/groups who can help us deliver our messages.</p>



PROJECT IDEA	ABOUT THE IDEA (ACTIONS AND REASONS)
<p>Hills Community Harvest <i>Alleviate food insecurity by utilising free backyard produce that would otherwise be wasted.</i></p>	<p>To prevent food wastage. To improve access and affordability of fresh produce. To reduce obesity. To reduce everyday stressors. To improve nutrition and social cohesion. Volunteers. Back yard growers. Distributors. Kitchen access (approved for Streat Trader rego). Publicity and promotion. Business expertise.</p>
<p>CALD Employment Project <i>Identifying agencies who help CALD communities to connect with prospective employers. Train CALD communities on employability skills. Connect communities in need and the agencies.</i></p>	<p>CALD community population is increasing in the Shire. They don't know who to approach and who to ask for help. So we need some agencies to assist. Identifying agencies and approaching them to find out their interest to help our Shire. Ways to connect the individuals in need with these agencies.</p>
<p>Relationship Management Education <i>Skills development on relationship management.</i></p>	<p>People lack knowledge on how to manage relationships with partner, children, neighbours and the society at large. It will enable conflict resolution, reduce family violence and improve social cohesion. To build support services on how to cope with relationship problems.</p>



4. OFFERS

As final step participants were invited to make an offer to either lead or participate in further developing one of these projects. All but one project had an interested group of people to take the projects forward.

5. MOVING THE PROJECT FORWARD

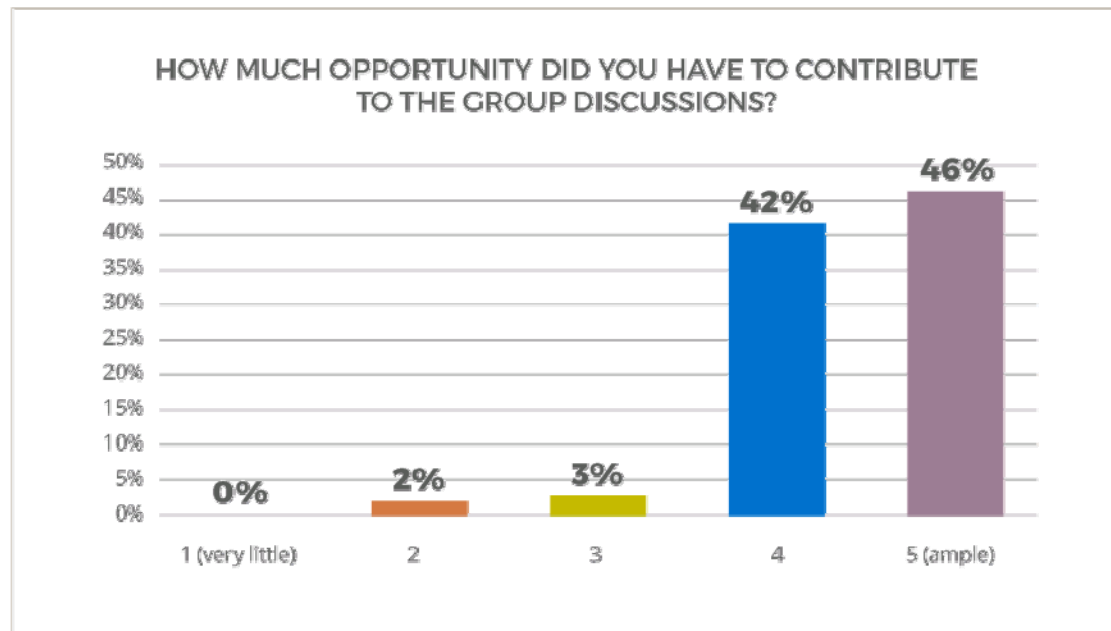
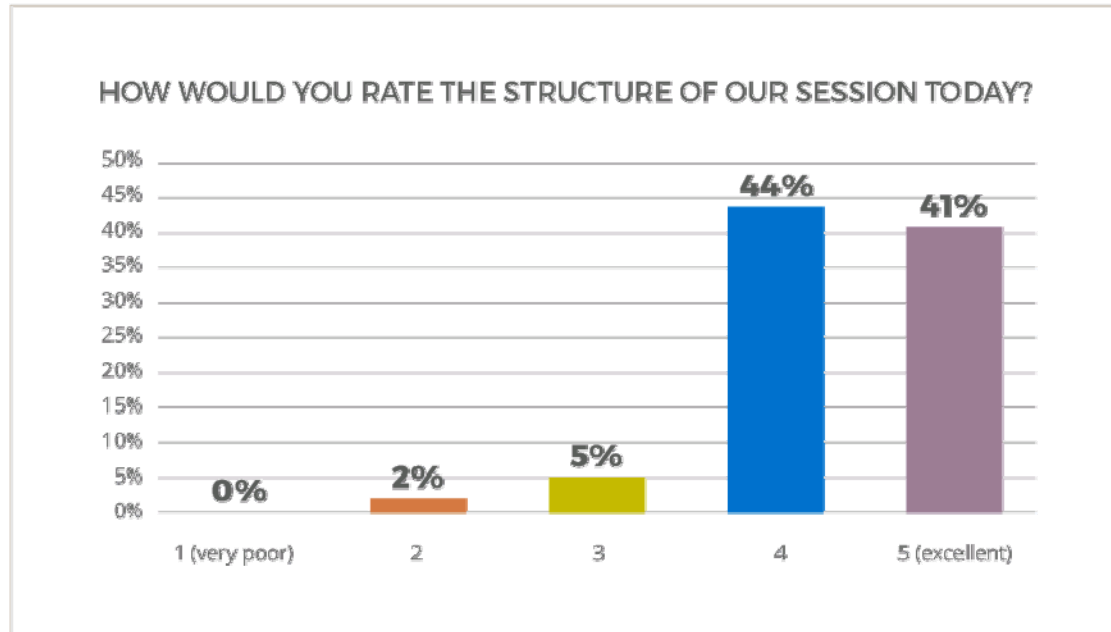
Council had prepared an information pack for those people who were prepared to lead and keep working on the projects. This information included a community initiative planning guide, information on how to apply for a council grant, event planning guide and risk assessment template.

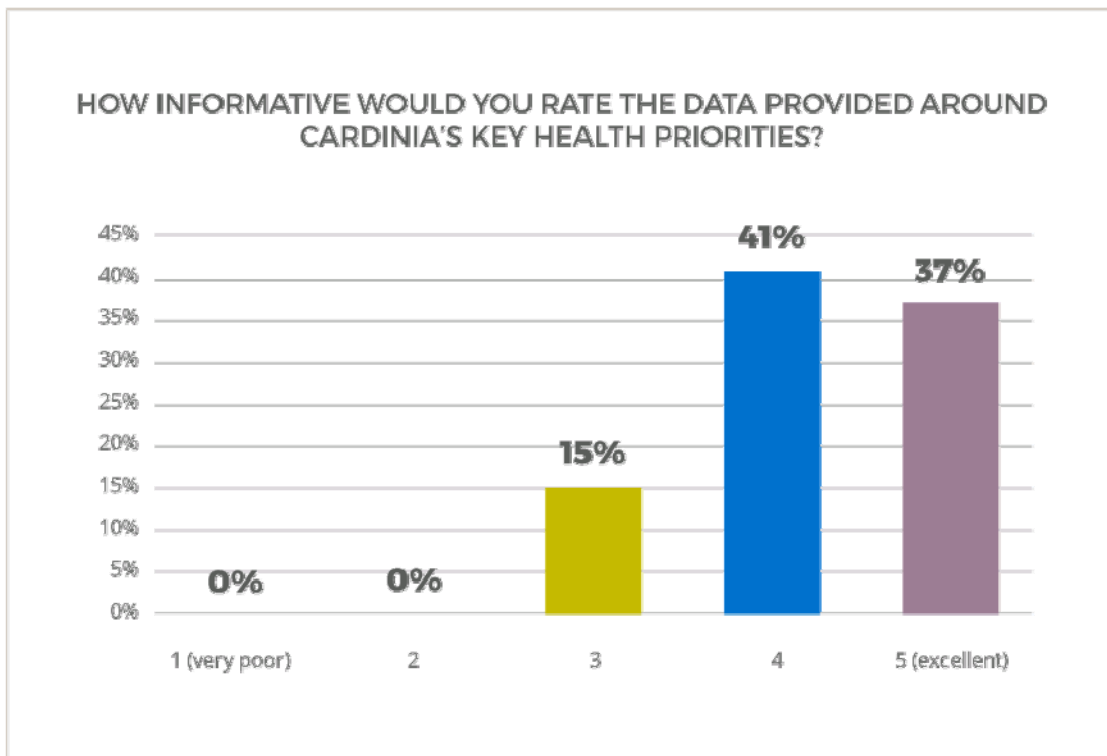
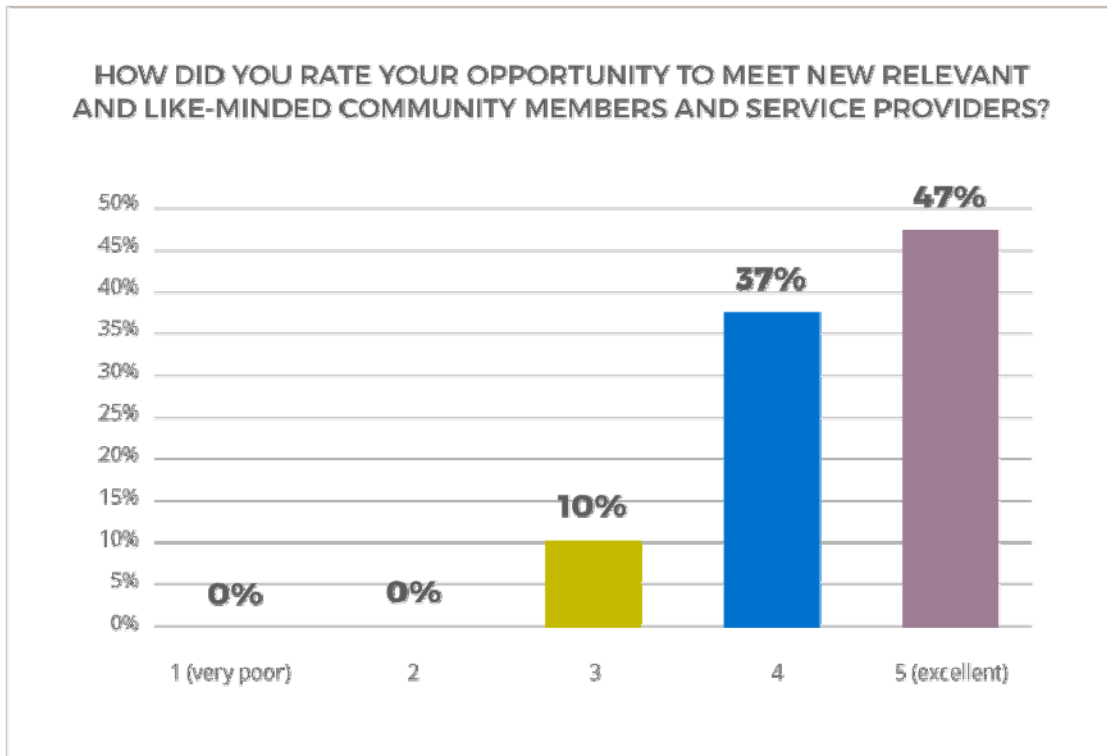


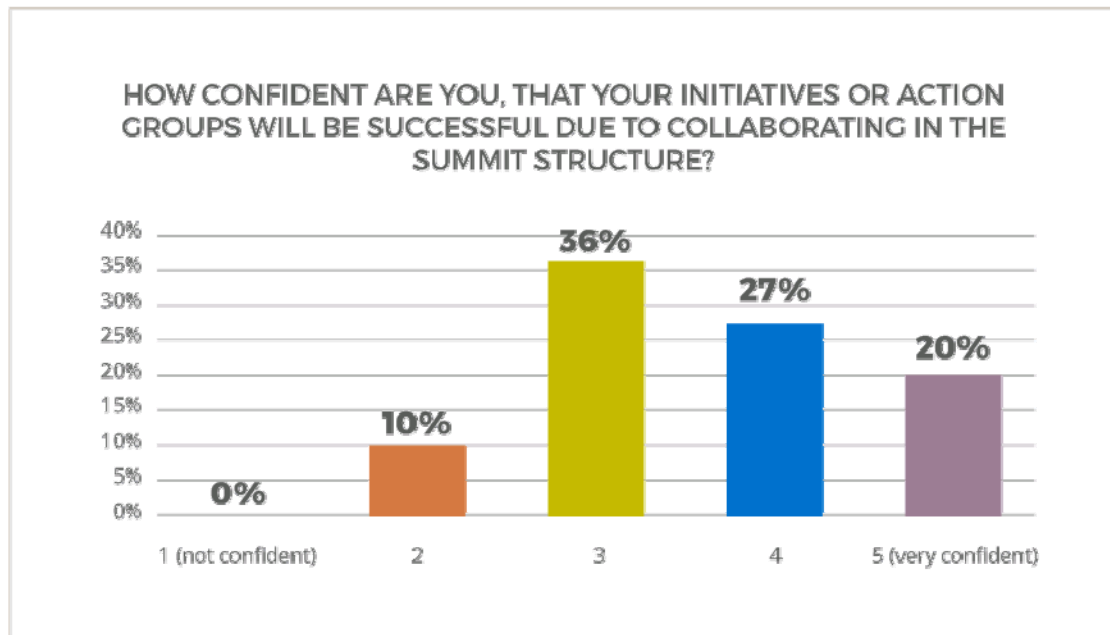
6. EVALUATION

Participants from the two summits were invited to provide feedback on the facilitation, information provided and their levels of confidence in project development in the future.

Participants were asked to rate their experience at the Summit through five questions. The breakdown of those responses is below:







The evaluation also provided a space for additional ideas and comments about the session.

GENERAL FEEDBACK

Great initiative & thank you.

Fabulous event. Do it again regularly please.

We need to stop trying to re-invent the wheel and work together to achieve bigger outcomes.

Some projects at the end have little or no resemblance to summit/Council concerns.

I think Council should try to get community groups connected together to find out what council can do to support them, as well as what the volunteers can do to support council.

It would be beneficial to have a summary of the projects put on the shire website (viewable from a link on the home page). This would give a wider audience the opportunity to read at their leisure what help is needed or projects available.

We need more volunteers (people resources)

IDEAS FOR IMPROVING THE SUMMITS

It would have been great if people (including council people) had a business card to pass on, or a flyer with their name, organisation, contact details and a line about what they do. This could be a form sent to participants when they booked to attend, that they could fill out and print.

To get more of the community involved.

Process of mixing/matching people - great. Not sure if projects matched the general objectives of the Community Summit.

A follow up meeting to evaluate what progress has been made.

More about council's role with these priority areas.

Sharing ideas earlier in the session so we can potentially connect more over common interest/project ideas.

Well done, interesting.

Specific council needs/projects presented highlighting shortfalls or specific areas of need.



ADDITIONAL IDEAS AND INITIATIVES

How can the CWA present speakers on needed topics within schools? How can the CWA be on call to help in the community?

After the failed initiative to start a Youth Group in Cockatoo, I would like to increase opportunities for youth interaction and building youth resilience.

All priorities fit under the umbrella of public health. How could a public health model promote the priorities and projects? How to build resilience & community capacity.

Something in our shire particularly the hills area for youth from about year 7 onwards. There is not enough in the shire for them to do.

Support in pre-school literacy development for young families. Single mother initiatives

Community harvesting, knowledge cafes.

BUG monitoring. Bicycle groups in neighbourhood houses that offer nurturing of people joining who need to build confidence and safety skills.



PART C – FACILITATOR REFLECTIONS

1. MEETING THE OBJECTIVES

This section of the report considers the outcomes of the summits in relation to the objectives.

To inform community members about the current health and social challenges in Cardinia

Just under 80% of participants considered that the information provided at the summits was excellent or good. It was apparent that some of the information was surprising and even shocking to some of the participants in terms of the levels of health and social disadvantage. Providing this information was a critical step in the Council's goal of having community groups develop programs that are more closely aligned with the needs of the local community.

To encourage community members to design and deliver new community projects/initiatives that address local social and health challenges

Having 110 local people involved in identifying 21 new projects to address local social and health challenges is a great start. No doubt Council will need to follow up with these people, continue to be encouraging and support them in a variety of ways until the projects (or some variation of these projects) come to fruition. Even getting half of these projects through to establishment would be a great success.

To support community members and groups in developing new projects including providing information about funding sources

Information was provided at the summits about funding sources and hopefully the groups will be future applicants for community grants.

To encourage individuals and groups to collaborate on the development of new projects/initiatives

The summit facilitated a range of people coming together to collaborate on new projects. There is no certainty that they will continue in the same groups that formed during the summit process. However, even if some continue that will be a success and everyone

who attended is now more aware of the range of other community groups that they could be seeking to partner with on projects.

To inform community members of existing initiatives they may be interested in supporting

Participants at the summit heard about many different initiatives they might be interested in joining. There is less likelihood that this will result in new volunteers for community groups as most people in attendance were already part of a community group and were possibly not looking for more to join.

2. GENERAL REFLECTIONS

The summits were very successful in attracting community members and evaluation shows they were very well received. Clearly this type of activity is meeting a need of community groups to be working more closely with the Council in meeting the social and health challenges in Cardinia. They were also highly effective in sharing information with the community about current social and health needs.

One or two attendees expressed a desire for Council to be more prescriptive in telling them exactly what programs are needed. However, this is not necessarily advisable as if done, the community may react to be told what to do when they are at the 'coal face' of the community. This needs to be seen more as a partnership. Making this a regular event would enable the community and Council to further develop how they work together in a partnership to address local needs.

In terms of future work, council staff will need to stay in close contact with the groups to assist them in developing the identified projects (or something similar) through to fruition. In terms of matching community volunteer work to health and social wellbeing, these summits are a major step forward. Consideration could also be given to some part of the community grants program being specifically allocated to projects developed as a result of the summits.







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PLEASE NOTE: While every effort has been made to transcribe participants comments accurately a small number have not been included in this summary due to the legibility of the content. Please contact Kimbra White at kimbura@mosaiclab.com.au for any suggested additions.



Project Status	Short Name	OUR IDEA				PROGRESS	
		Description of the idea (the what we need to do)	This idea is important because (the why)	What we would need to do to make this project happen (the how)	The theme this project is addressing	Comments and Information	
1 Project currently being developed	Children Safe Project	How we keep our children safe project	People no longer know how to fit into a community. This project will support the community to educate members how they should/could keep their children safe.	Need more connectors to CALD community and interfaith network	Safety	21/11/17 - Sent invite to attend the community development workshops hosted by Vic Police early December. Info originated from Bec. Thorp. 19/12/17 - Sent email directly to Cindy Lee asking on her progress with this project. I remember that she didn't have any offer cards for her idea but she mentioned to me on the day that she may be able to make this happen through the use of a known contact/student. 19/12/17 - Cindy Lee provided update on project. She has spoken with VACCA and we will start with the Koori Kids Playgroup in Pakenham. My next step is to draft a project brief to put to my manager, then search for a student.	
2 Project currently being developed	New Resident Show Day	New resident showbag. Aimed at young families, retirees and immigrants. Volunteer buddy	Social inclusion, finding out whats available to you in your community, support groups, include list of	Township committees, Connections with developers/Real Estate Agents/Language office for sensible	Social cohesion	12/11/17 - Followed up with Nicole, Rym and Helena about what we currently do in this space. https://www.caroline.vic.gov.au/info/20021/supporting_our_community/163/community_groups 21/11/17 - Sent invite to attend the community development workshops hosted by Vic Police early December. Info originated from Bec. Thorp.	
3 Project currently being developed	Seniors Communication Project	Expand our reach to communicate with vulnerable senior residents through established home library	With changes to Aged Care reforms older residents who are not 'tech savvy' need paper	Gain approval from management. Discussions need to be had around delivery of materials and	Social cohesion and battling social isolation. Financial vulnerability.	21/11/17 - Sent invite to attend the community development workshops hosted by Vic Police early December. Info originated from Bec. Thorp. 19/12/17 - Called and left voice mail. Followed up with direct email to Sandra regarding progress of project. 15/01/18 - Annmarie will act as lead for this group. She met with Bec and Sandra (CCLG) to discuss project plan. They have divided their project	
4 Project currently being developed	ADHD Support Group for Parents of Juvs	Support group of parents of substance abuse/addict	Allow parents to debrief with those that understand. So they don't feel	IT Training, support from another organisation with venue, supplies.	Harm from alcohol etc and social cohesion.	21/11/17 - Sent invite to attend the community development workshops hosted by Vic Police early December. Info originated from Bec. Thorp. 19/12/17 - Emailed Alvin (Gomerton Help Southern) asking whether they can possibly assist or partner with the group to offer a support group.	
5 Project currently being developed	Toomuc Creek Community food club	Establish a community food growing hub (5.7km) at Toomuc Creek/TVR in partnership with Beaconhills College and the community	Makes good social use of the land. Growing social need i.e. food security. 5% of adults eat enough fruit and veg. Increase in food security. Increase in school	Lease land. Partnerships (committee) with Beaconsfield, Bless Collective, Conservation Volunteer's Australia. Funding.	Obesity (fresh food) Vulnerability.	21/11/17 - Sent invite to attend the community development workshops hosted by Vic Police early December. Info originated from Bec. Thorp.	
6 Project currently being developed	Family Cooking Classes	Teaching skills in the kitchen to young families, single mums and dads or couples to learn to make healthy, economical meals	It could help with obesity, social cohesion and financial vulnerability.	A facility to be able to run these courses.	Obesity Financial vulnerability	21/11/17 - Sent invite to attend the community development workshops hosted by Vic Police early December. Info originated from Bec. Thorp. 19/12/17 - Spoke with Jenni and she was too busy to chat through the project due to her busy schedule. She would like to meet in mid to late January. Still very keen to have the project happen and looks forward to meeting in the new year. Community Planner will attend the first meeting. Call her mid Jan to follow up on date.	
7 Project currently being developed	Cardinia Relay for Life	To engage the broader CSC communities to get involved in Cardinia Relay for Life including youth, big business, families, community organisations and members of council.	Empowering community members to be involved. Breaking barriers and assisting in connecting to community. Raising awareness.	Key contact people in outlying areas (township committees). Media coverage. Information sessions (group or one on one). Education on what event is and expectation.	Social cohesion	21/11/17 - Sent invite to attend the community development workshops hosted by Vic Police early December. Info originated from Bec. Thorp. 19/12/17 - Emailed Di directly regarding her projects progress and whether we can meet as a group in mid to late Jan 2018 to go through developing their idea.	
8 Project has ceased	Coffee Van	A coffee van staffed by special needs people/teens/mental illness.	To provide training for vulnerable people. Give a sense of self-worth and community.	Source a van. Barista Training. Council Regs.	Social cohesion, mental health and financial vulnerability.	21/11/17 - Sent invite to attend the community development workshops hosted by Vic Police early December. Info originated from Bec. Thorp. 19/12/17 - Emailed David directly (no phone number available) querying progress and stating that I would like to meet with them early 2018. 19/12/17 - David emailed back saying that due to his busy schedule they will not be pursuing the Coffee Van but hopes to revisit it in the future.	
9 Project currently being developed	Community Group Network	Municipal wide community group network	Prevent duplication. Awareness of services. Referral and linking services. Sharing resources.	People to organise. Decide who to invite. Council to facilitate set up. Volunteers week activities - joint event.	Social cohesion	21/11/17 - Sent invite to attend the community development workshops hosted by Vic Police early December. Info originated from Bec. Thorp. 19/12/17 - Emailed Paige regarding the progress of the group. She has responded saying that there is not much progress to report but the group is still keen to work together. Emailed her asking if we can schedule a meeting in mid to late Jan with the group to form project plan. 10/01/18 - Paige (lead) has scheduled a project group meeting for 25/01/18 at 9.30am. Community Planner will be in attendance.	
10 Project has ceased	Sports Program	Non competitive and affordable exercise/recreation/sports for all ages e.g. Cardio Tennis	People are turned off by competitive nature of sport but need/enjoy exercise and social aspect and skills. Obesity is a priority area for all ages.	Get sporting clubs on board to offer non-competitive programs. Hours/access to clubs and someone to play with e.g. cardio tennis.	Obesity, Social cohesion, Mental health and wellbeing.	21/11/17 - Sent invite to attend the community development workshops hosted by Vic Police early December. Info originated from Bec. Thorp.	
11 Project currently being developed	Cardinia Combined Residents Group Network	Cardinia Combined Residents Group Network (inc Township Committees) Initially facilitated by Council	Survival for all resident groups by sharing ideas, successes and failures, financial management,	Initially a council facilitated forum. Calling together 2 members from all residents groups and township	Social cohesion	21/11/17 - Sent invite to attend the community development workshops hosted by Vic Police early December. Info originated from Bec. Thorp. 09/01/18 - Spoke with Tony and Tammy and they are both still very keen to see this project happen. Meeting scheduled for 22/01/18 afternoon. Community Planner will be in attendance.	
12 Project currently being developed	Community Group Directory	Create a database of organisation and groups and what they do so residents have one 'go to' place to find a way to connect with their	People don't know where to find information of where to connect and people could help when needed. We have no spontaneous	Website kept updated regularly by the community groups too (so they may need extra prompting). Groups to know about the database and	Social cohesion	21/11/17 - Sent invite to attend the community development workshops hosted by Vic Police early December. Info originated from Bec. Thorp. 15/01/18 - Followed up with email to all members of the group. Working on scheduling a meeting late Jan 2018.	
13 Project currently being developed	Hills Road Safety Action Group	Improve road safety in the hills for both the residents and the increasing number of tourists. Name	Decrease road accidents/fatalities and significant injury for residents and tourists.	Develop project plan. Link to existing road safety groups in the hills. Cockatoo Roads Action Group.	Safety	21/11/17 - Sent invite to attend the community development workshops hosted by Vic Police early December. Info originated from Bec. Thorp. 15/01/18 - Followed up with email to all members of the group. Working on scheduling a meeting late Jan 2018. 16/01/18 - There is potential for the Cockatoo Road Safety Action Group and the Hills Road Safety Action Group to merge. They are in discussion	
14 Project currently being developed	Facility and Event Breathalysers and Information	To provide breathalysers in all major council owned facilities or public	Because harm from alcohol has been identified as a major problem	Support from Council to implement breathalysers to venues they own	Alcohol	21/11/17 - Sent invite to attend the community development workshops hosted by Vic Police early December. Info originated from Bec. Thorp. 31/10/17 - Peta emailed both Kathy (lead) and Bec (Stefir Communities) in the hopes that they could assist each other.	
15 Project currently being developed	Sleep Bus	Provide a sleep bus to the Cardinia Community (Pakenham)	Sleep, enables good decisions. Emergency refuge. Safety overnight.	Investigation sleeplog.org website. Business Case. Community	Mental Health, family violence and financial	21/11/17 - Sent invite to attend the community development workshops hosted by Vic Police early December. Info originated from Bec. Thorp. 15/01/18 - Followed up with email to all members of the group. Hoping to obtain meeting early Feb 2018.	

16	Project currently being developed	Nar Nar Goon International Mural Competition	Run an International mural competition based in Nar Nar Goon at the same time as a sculpture comp in Kunzea.	Art is under represented in rural towns. It will expose the community to sculpture. It will bring money into the town. Increase tourism and	Get insurance. Steering committee. Sponsorship and grants. Investigate etc. Shire involvement.	Social cohesion and Mental health and wellbeing.	21/11/17 - Sent invite to attend the community development workshops hosted by Vic Police early December. Info originated from Bec Thorp. 18/12/18 - Rob emailed Community Planner expressing interest in working on project and leading. He is unavailable until Jan 2018. 18/01/18 - Followed up with email to all members of the group. Hoping to obtain meeting early Feb 2018.
17	Project currently being developed	Facility Project	Shared facility for the community including scouts with broader community requirements accounted for in design.	Through scouting and broader community groups we will encourage participation in various activities that will encourage community participation and scouting values. To build their strength, resilience, capacity along with overall respect.	Work politically. Develop partnerships with council, state gov, community, scouts and schools. Funding. Time. Commitment. Councils cooperation.	Local scouting visibility and social cohesion through shared facilities.	21/11/17 - Sent invite to attend the community development workshops hosted by Vic Police early December. Info originated from Bec Thorp. 15/01/18 - Followed up with email to all members of the group. Hoping to obtain meeting early Feb 2018.
18	Project currently being developed	Reduce obesity rates	Creating an innovative, detailed strategy with key actions proven to achieve a reduction in the Shire's obesity rates.	The health of our community is critical. We want our children to live longer lives than we do.	Key stakeholders passionate about partnering with us. Public Relations experts to continually communicate our messages effectively. Networks.	Obesity.	21/11/17 - Sent invite to attend the community development workshops hosted by Vic Police early December. Info originated from Bec Thorp. 15/01/18 - Followed up with email to all members of the group. Hoping to obtain meeting early Feb 2018.
19	Project currently being developed	Hills Community Harvest	Hills Community Harvest. Alleviate food insecurity by utilizing free backyard produce that would otherwise be wasted.	To prevent food waste. To improve access and availability of fresh produce. To reduce obesity. To reduce everyday stressors. To improve nutrition and social cohesion.	Volunteers. Back yard growers. Distributors. Kitchen access (approved for Street Trader rego). Publicity and promotion. Business expertise.	Financial vulnerability, food security, social cohesion, mental health and wellbeing and obesity.	21/11/17 - Sent invite to attend the community development workshops hosted by Vic Police early December. Info originated from Bec Thorp. 15/01/18 - Followed up with email to all members of the group. Hoping to obtain meeting early Feb 2018.
20	Project currently being developed	CALD Employment Project	Identifying agencies who help CALD communities to connect with prospective employers. Train CALD communities on employability skills. Connect communities in need and the agencies.	CALD community population is increasing in the Shire. They don't know who to approach and who to ask for help. So we need some agencies to assist.	Identifying agencies and approaching them to find out their interest to help our Shire. Ways to connect the individuals in need with these agencies.	Employment and financial vulnerability.	21/11/17 - Sent invite to attend the community development workshops hosted by Vic Police early December. Info originated from Bec Thorp. 15/01/18 - Emailed lead Ambika to schedule meeting to discuss this further. Community Planner will meet with Glenda prior to meeting with group to discuss option and existing services/programs available.
21	Project currently being developed	Relationships Management Education	Skills development on relationship management.	People lack knowledge on how to manage relationships with partner, children, neighbours and the society at large. It will enable conflict	To build support services on how to cope with relationship problems.	Support to manage relationships.	21/11/17 - Sent invite to attend the community development workshops hosted by Vic Police early December. Info originated from Bec Thorp.